



September 2017

Dear Parent/Guardian,

We are writing to inform you about a support service our school offers for children who have experienced some type of loss or have had a big change in the family. This programme is called *Rainbows*.

When something significant happens in a family, the entire family is affected. Even though death, divorce, new siblings or other loss issues appear to be only grown up problems, they can have a profound effect on the children who are touched by such experiences. Children sometimes find it difficult to verbalise their feeling of grief because of their age and inexperience. The *Rainbows* programme aims to support children through times of loss or change.

We have some very sensitive, caring and trained staff who have said 'yes' to helping these children put their feelings into words, work through their grief, build a stronger sense of self-esteem, and begin to accept what has taken place in the family. We will be running the *Rainbows* programme for KS1 children and *Sunbeams* for Foundation Stage 2 children.

We recognise that all children respond differently to experiences of loss or change, however if you feel that your child/children would benefit from attending these support sessions then please fill in the slip below.

If you have any further questions regarding the *Rainbows/Sunbeams* programme please contact Mrs Gerrard.

At this point if you still want your child to attend the support groups your child will receive a registration form which both you and your child must sign and return to the office.

Please note that depending on how many children need support, we will hold a waiting list and then inform you when we have space for your child.

Yours Sincerely,

Mrs R Gerrard

Assistant Head Teacher

I am interested in my child _____ attending the *Rainbows/Sunbeams* support groups.

CLASS: _____

AGE: _____

REASON: (please tick)

Loss of loved one

Divorce

Other _____ (please state)

To ensure confidentiality please return this slip in a sealed envelope addressed to

Mrs Gerrard