

**ST MARY'S RC PRIMARY**  
**Child Protection, Mental Health and Well-being Offer – June 2022**

**Universal**

DAQM learning resources, Nurture Room, Friendship benches, Collective worship, Extra Curricular activity offer, Mindfulness, PSHE curriculum, RHE Curriculum, Pupil voice, Staff CPD, Staff training opportunities (for well being interventions such as Relax Kids, Starving the anxiety gremlin etc.), Staff well-being, Breakfast Club, Holiday Clubs, Awareness days and weeks e.g Children's Mental Health Week, Anti-Bullying week, Forest School, Open door policy, School Based Social Worker, Enhanced transition for pupils (Nursery, Reception and Year 6 for parents and pupils), Detailed information and signposting for parents on school website and dojo. Whole school child protection workshops: NSPCC- Speak out, Stay safe, PANTS (and KS2 equivalent), Expect Respect, Share Aware- online safety. Specific year groups: KS2- First Aid training, Year 3 and 4- Elsa Anxiety

**Targeted**

Designated Safeguarding Lead, Inclusion meetings, School Based Social Worker, SENco, GL Emotional Literacy assessments, Interventions for groups and individuals: Chill skills, Circle of Friends, Friendship workshops, Relax Kids, Lego Therapy, Talk Boost, Wishes and Feelings, Sensory Circuit, Neli, Wellcomm, Worry Monster, Drawing and Talking, Sailing the Anxiety Boat, Anxiety workshops (ELSA), Starving the anxiety/ anger gremlin, Lunchtime clubs, Transition group, Social Communication Forest School group, Enhanced transition with high schools, Enhanced transition for SEND pupils to new classes and schools

**Specialist**

SALT, Educational Psychologists, Early Help, CAMHS, Early Break, First Point, School Nurse, Social Care, Raise @ SENco network meetings, SEMH Panel, EBSA pathway, Charities: Sunflower Group, Once upon a smile, Winston Wish, Young Carers, Millwood School (SEND), DA Support Workers